



WHO IS Pinnacle Health Management?

PINNACLE HEALTH MANAGEMENT is a California health based care management company that offers employers a variety of employee benefit solutions and has been doing so for 20 years. Pinnacle Health Management offers a team of supportive account management and care management staff who work closely with employers to offer wellness coaching support to those employees with persistent and complex health conditions.



PINNACLE[™]
HEALTH MANAGEMENT

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PINNACLE HEALTH MANAGEMENT PROGRAM

Your Partner for Better Health

Let us help you manage your persistent health condition! There is a care management program available to you through your company and administered through

Pinnacle Health Management.

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What Is a Care Management Program?

A care management program takes a systematic approach to helping patients who have been diagnosed with a persistent and complex health condition such as the ones noted below.

The program's mission is to assist participants in managing their condition(s) to improve health outcomes and prevent related risks and complications. Pinnacle's Health Management Program is a confidential service that can help covered plan participants with:

- **Asthma**
- **Diabetes**
- **Hypertension / high blood pressure**
- **High Cholesterol**
- **Weight Management**
- **Smoking Cessation**



Your health information and participation in the Pinnacle Health Management Program is strictly confidential. Your information is only shared with those designated healthcare professionals who are part of your treatment plan.

What Are the Benefits to Joining the Program?

- Discounts on medications. Program participants enjoy:
 - Zero co-pays for generic medications
 - 75 percent off copays for formulary brand medications
 - 50 percent off co-pays for non-formulary drugs
- Savings on medical costs with fewer doctor visits
- Appointment time flexibility – we work with your schedule
- Free, private access to personal health coaching available by phone
- Assistance provided in multiple languages
- Earn up to \$250 annually for active program participation

Interested? Here Is How the Program Works...

- Once enrolled, you will get a call from a member of our care management team to get acquainted with you and to talk about your treatment plan.
- You will receive monthly follow-up phone calls from a care management team member to check in to see how you are following the treatment plan. He or she can also help you remove any obstacles that might be getting in the way of achieving your health goals.
- You can get assistance how to communicate to your health care providers, learn more about your health condition and navigate through the health care claims process.



It's Easy to Enroll

To enroll, just fill out a Pinnacle Health Management Enrollment Form and send it back to us by email or fax. If you need an enrollment form, contact us at the information below and we will email you a form to complete and return.

Questions? Contact Us.

If you need additional information on the program or have a specific question or two, contact us to connect with a member of our care management staff. You can reach us by email at wellness@pinnaclehealthmanagement.com

by phone at (844) 230-1121 or
fax (949) 202-0817.

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